

> 10 Home truths



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thenewhammag

issue 240 // 2-16 March 2012



**Sweeping
changes**

**The Mayor's promises
to you (p16)**

Exclusive ticket offer for Newham

As a Newham resident you can be amongst the first to experience world-class sporting action at a London 2012 venue.

Between **9am 13 March and 9am 15 March** you can purchase tickets for the London Prepares series for the sports detailed below, 48 hours before they go on general sale!

FINA Olympic Games Synchronised Swimming Qualification

18-22 April 2012

Aquatics Centre

Visa International Invitational Hockey Tournament

2, 3, 5, 6 May 2012

Hockey Centre

Eton Manor Wheelchair Tennis International

5 May 2012

Eton Manor

Visa Water Polo International

3-6 May 2012

Water Polo Arena

All these events are in the Olympic Park



To access this fantastic opportunity please do the following:

- visit: www.ticketmaster.co.uk/londonprepareseries
- click on the sport you would like tickets for
- select the session you require
- enter the code **NEWHAMPREPARES** as one word, with no spaces, in **CAPSLOCK** into the presale box.

Tickets are sold on a first come, first served basis so make sure you don't miss out!

As a sponsor of London 2012, Visa (debit, credit, prepaid) is the only card accepted for online ticket sales for these London Prepares series events.

This ticket offer allows residents from the host boroughs for the London 2012 Games to be among the first to access the London 2012 venues and witness world-class sport as part of the London Prepares series, the official test events for London 2012.

For further information about this event
visit www.newham.gov.uk/londonprepares





The Mayor's Contract is outlined in this issue. It's a key set of priorities for the year ahead which aim to make life better for residents (p16).

We're asking your opinion on two housing consultations. We hope they will improve

the way we allocate social housing and reduce anti social behaviour associated with private lets (p10&13).

If you've got a car, make sure you read some important information about parking during Games time (p12).

Cllr Alec Kellaway

Executive member for business and skills

Don't forget – If you live in Beckton, Green Street, Manor Park, Plaistow and Stratford and West Ham community forum areas, look inside for local news and events in In Focus.

MAG TEAM: 020 3373 4576

IN FOCUS: 020 3373 2684

STAFF PHOTOGRAPHER: Andrew Baker

ADDITIONAL PHOTOGRAPHY: David Fearn

To advertise in the mag call
Julie Madell on **07890 529 090**



Don't forget to recycle your Newham Mag once you've read it

For all Newham Council services call 020 8430 2000 or visit www.newham.gov.uk

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU or email newham.mag@newham.gov.uk

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Look out for the next issue from 16 March 2012

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IN BRIEF //

Danger cosmetic creams seized

Newham Council trading standards officers have seized 2,500 pots of potentially cancer-causing cosmetics.

Officers believe that the Maxi Light skin lightening creams are being imported from abroad. It is dangerous because it contains hydroquinone which is banned in Europe.

If you have come across any of the cosmetics contact Consumer Direct on 01622 626520 or 01622 626523 and ask for Newham Trading Standards.

Dealing with debt

Guidance on how to deal with debt problems is available on new web pages at Newham Council's website

By visiting www.newham.gov.uk/BenefitsAndPayments you can see free practical advice on increasing income, managing bills, working out your outgoings and making affordable arrangements with creditors.

The pages link to external sites providing information that may be useful in getting the best energy deals, earning money from renting out a room or dealing with a Tax Credit overpayment.

To see the advice click on Benefits and Payments in the left margin of the website. Feedback is welcome.

Life through a lens

Photographer Steve Lewis, whose exhibition of photographs of Newham in the 1960s is on display at Forest Gate Library, The Gate, 4-20 Woodgrange Road, until April. Steve will answer questions and sign books at a free event at the library on 15 March from 6pm to 8pm.

Recognition for cenotaph

The war memorial cenotaph in East Ham's Central Park, which commemorates those from East Ham who died during the First World War, has been added by English Heritage to its list of buildings of special architectural or historic interest.

Newham Council's request for designated Grade 2 listing was approved by the Minister for Tourism and Heritage.

East Ham community lead councillor Lakmini Shah said: "The end of the First World War saw the biggest single wave of public commemoration ever and memorials like this offered a focus for grief and remembrance, as it still does today."

The cenotaph, erected in 1921, has been recognised for the quality of its scale and design. It was designed by architect Robert Banks-Martin, who was the mayor of East Ham during the war. It is made of Portland stone and inscribed on each face with a roll of honour containing 1,824 names.



Newham councillors and Royal British Legion members at the memorial

Civic campus boost all set

Work is about to start on the new Customer Service Centre and library that will form part of an improved civic campus in East Ham.

English Heritage is supporting the development plans for the new centre in Barking Road over three floors, which will include a modern and accessible library and space for customer services such as Council Tax and benefits and housing advice.

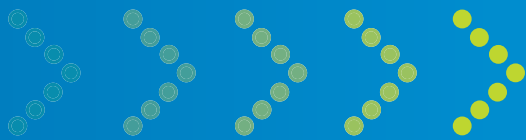
Listed buildings, including the Town Hall and adjacent former technical college, will be refurbished and occupied by council staff that support frontline services for residents.

Within the building there will be an energy centre that will provide hot water and heating to buildings on the campus more efficiently. Current plans also include provision of commercial space to encourage and support the growth of small businesses.

Mayor Sir Robin Wales said: "We want to bring the whole East Ham campus to life as an integral part of the town centre."



Newham Town Hall



News

No rise in Council Tax again

Mayor Sir Robin Wales and Newham Council have agreed that residents will not be asked for a penny more in Council Tax for the fourth year running.

The zero per cent increase means properties in Band D continue to pay £945.63 to cover the Newham element of Council Tax – the same level since 2008/9.

Sir Robin said: "The continuing effect of reduced funding from the coalition government has meant more tough decisions about what we spend money on. But we are on the side of residents and we will continue to deliver the services people tell us are important."

The council will have saved £113m by 2015 thanks to greater levels of efficiency in service delivery, maximising income and withdrawing services that no longer serve local people. Priority spending includes free school meals, additional police officers and Olympic-themed events aimed at bringing people together. See Mayor's Promises – pages 16 to 19.



Still time to have say

A three-month consultation into the future of Stratford's Atherton Leisure Centre closes on 13 March. If you have not yet completed the online questionnaire with your views, visit **www.newham.gov.uk/atherton**

Newham Council wants to hear what you like and dislike about the current centre and what services or facilities you would like to see in an improved centre.

Possible options for the centre are: repair and maintain, a major facelift or a new centre. A new purpose-built centre would be the cheapest option in the long-term. Rebuilding represents an opportunity for an environmentally-friendly building that is fully accessible.

Mayor Sir Robin Wales and the council's Cabinet will discuss the results and decide the future of the centre based on residents' feedback.



Jobs fit for a prince

The Prince of Wales met young people on a Prince's Trust course at Newham College to launch a new national initiative to tackle youth unemployment.

The Prince announced 100 new jobs for unemployed young people – who will then become job ambassadors to help a further 100,000 young people to find work.

Rosemary Watt-Wyness, regional director for The Prince's Trust in London, said: "The Prince's Trust Job Ambassadors scheme will help young people in the areas hardest hit by youth unemployment. Newham will be a priority area, as around one in four young people in the borough are struggling to get a job.

"The Prince's Trust is committed to helping young people gain the skills and confidence they need to get a job. We will be working closely with Newham Council to ensure that all young people in the borough have the positive opportunities they need to keep their lives on track."



The Prince meets Newham College students

Making a difference

The way we live is changing. The average young person is unable to buy their own home until they're in their 40s. Increased competition for a shrinking supply of social housing means more of us have to rent in the private sector for longer.

Demand for rented accommodation is increasing and changes to welfare and Housing Benefit are intensifying competition for the cheapest homes.

"We propose to license all private rented properties in the borough with conditions attached to make sure standards are kept in management and maintenance of the property."

We have won the right for important new freedoms over our housing stock, but the coalition Government's savage cuts and its refusal to step in to support hard-working people means the situation is getting worse.

In Newham we want to make a difference in meeting the housing challenges people face, but the answers aren't easy. We want to make real improvements, so we are consulting on some real changes.

We want residents to put down



Typical shed type accommodation

roots and raise a family here. That means making access to social housing fairer and supporting those who work hard and contribute to the community.

We don't want social housing to be the tenancy of last resort. For too long our allocations system has encouraged residents to emphasise just how needy they are. We need to change that. We don't want you to feel discouraged to take steps to improve your lives for fear it will knock you down the list. The more you try, the more we should support you.

We propose to give some level of priority in social housing to people who are in employment, have served with the armed services or are full-time



Shocking conditions

carers. It is right that families earning low wages should have access to social housing. It can give them the stability they need to move beyond simply surviving, and it is a fair reward.

It's also about creating a mixed



Mayor's view

e on the home front

community where people who work are live side by side with elderly people and people who are unable to work. That ensures all our neighbourhoods have good role models and that work becomes the norm.

In the meantime we must deal with the fact that there are some shocking properties being rented out in the private sector. Look at the amount of mattresses and other rubbish dumped in front gardens, people sleeping in sheds and dangerous building work that puts lives at risk. It damages our borough and puts

people off settling here.

We propose to license all private rented properties in the borough with conditions attached to make sure standards are upheld in management and maintenance of the property.

For landlords who are interested in running their business and playing by the rules there will be a discount, and their licence will last five years. Once we've made an initial visit they won't see us again unless there's a complaint. In fact those landlords are welcome to come to us and ask for

help or advice in running their property, in finding tenants and in being a part of the community.

It's the landlords who refuse to play by the rules, who exploit their tenants or who turn a blind eye to anti-social behaviour that we want to target. Our proposal will allow us to identify the very worst landlords and enforce the basic standards everyone should expect from their rented property.

To respond to our housing consultations see pages 10 and 13 or visit www.newham.gov.uk

Rent rise is so wrong

I have written to every Newham Council tenant to explain why Government policy means rents are going up by around eight per cent from April.

In these tough financial times it is a significant increase for many. I wrote to the Government and asked them to acknowledge this and make any increase smaller this year. I was disappointed, though not surprised, that they refused that request.

I believe they are wrong and do not understand the impact of their economic policies on hard-working people. Thankfully we still have some of the lowest rents in London and we have frozen Council Tax bills for the fourth year in a row.



with Sir Robin Wales

A real gem

Giving up your time freely for the community has always been rewarding - but in this Olympic year the gains are bigger than ever, as some outstanding volunteers are being named as Inspiring People winners. People who have impressed with their dedication to the community can be nominated and could win tickets to some of the most desirable Olympic events this summer.

This fortnight's Inspiring Person, Pearl Saunders, has been a resident of the borough for 30 years and one of the Newham Volunteers since the programme was launched in 2004.

Pearl came to volunteering after retiring from a successful career in the City. She said: "I saw an advert to become a magistrate and started doing that. Then one day I was reading the *Newham Mag* and saw an article about volunteering - and the rest is history. My aim all along was to be a volunteer at the Games. I'm waiting to hear if I've been successful."

Pearl was very active in working on the bid, supporting events that engaged local people to petition for the Olympic and Paralympics Games to happen in Newham. She explains: "I didn't believe it was going to come to Stratford but I thought, if there's a chance, let's go for it! I'm a huge fan of the Games. I've stayed up all night watching the Olympics before. Recently I worked part-time as a park guide, taking people round the Olympic Park on buses. I really, really loved it, going into the venues when they were just construction sites."

Pearl has also been a volunteer trainer, Games Ambassador, walk leader and has taken part in a whopping 6,400 hours of volunteering.

Nominator Nancy Whiskin said: "Pearl thoroughly deserves an Inspiring People Reward as she is a credit to Newham."

She is hard-working, supportive, reliable and very keen to support the borough in any way that she can."



**Who deserves
a ticket to the
Games?**



Visit www.newham.gov.uk/inspiringpeople for more information on how to nominate

**Your Ticket
to the Games**

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Text 'Open Day' to 07624 805933 or Visit www.newham.ac.uk for more information.
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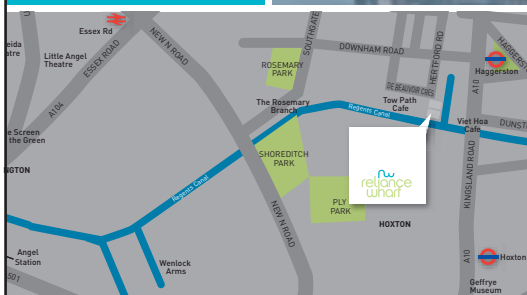
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House rules: changing how we allocate housing

The council has a policy which it uses to decide how to allocate social or 'council' housing. This is known as the Housing Allocations Policy and it affects:

- > **who can join the housing waiting list**
- > **how the council decides who gets priority on the waiting list**
- > **transfers for council tenants.**

How the policy works now

The current policy is based on Choice Based Lettings (CBL). This means that applicants can 'bid' for properties as they become available. Where more than one applicant 'bids', preference will usually be given to the one who has been on the waiting list the longest, although people who are considered to have a greater housing need (eg over-crowded families) will take priority.

How it could change

The council wants to review its Housing Allocations Policy to ensure that it is fairer and supports residents who are making positive steps in their lives. The government's Localism Act 2011 is also changing legislation around housing policy. We want your input on the changes.

We propose prioritising allocation of social housing to applicants in employment over those who have been on the waiting list for the same amount of time, with the same level of housing need.

For example, imagine two families – **Family A** has housing need and is in employment. **Family B** has housing need but is unemployed. Family A would receive priority on the list. Now imagine both families are in employment. In this case, the family that had been on the waiting list the longest would receive priority.

We define someone as employed if they are currently in paid employment for 16

hours a week or more, and have been in employment for any nine months out of the last 12 months, or are recognised full time carers – caring for someone 35 hours a week and in receipt of Carers' Allowance.

We want your opinion

You can complete the consultation questionnaire at www.housingoptionsnewham.co.uk until 4 April. From 5 April until 18 May you can also register your comments there. Get a paper copy of the questionnaire from your Local Service Centre or library, or by calling freephone 0800 358 0337. You must return it by 4 April.

You can also attend **drop in sessions** at: Newham Town Hall, Barking Road, E6 on Monday 12 March from 4.30-6.30pm or Old Town Hall Stratford, E15, on Tuesday 20 March from 4.30-6.30pm. Email any questions to housing.feedback@newham.gov.uk



Tell cigarettes to butt out of your life

Last year almost 2,300 people in Newham used NHS stop smoking services to stub out smoking for good. Take a leap this Olympic year and do the same and the NHS in Newham will help you every step of the way.

National No Smoking Day is on Wednesday 14 March. Stop smoking advisors will be out in the borough giving you information that could help you lead a longer and healthier life.

Quit while you're ahead

After 20 minutes of stopping smoking, your blood pressure and pulse returns to normal.

After 24 hours any carbon monoxide in your body reduces and your lungs begin to clear out the tar that's been clogging them up.

After 48 hours all nicotine has left your body and you notice an improvement in taste and smell.

After three days your breathing becomes easier and your energy levels increase.

Meet the stop smoking team:

Tuesday 13 March, 1.30-4pm,
Newham University Hospital Trust,
Glen Road, St Andrew's Wing,
Ground Floor.

Wednesday 14 March, 9am-5.30pm, at Stratford Shopping Centre.

Friday 16 March, 12-3pm, at Minhaj-ul-Qurah Mosque, 292-296 Romford Road, E7.

After you've stopped smoking, your risk of lung cancer falls to half of that of a smoker and your risk of having a heart attack falls to that of someone who has never smoked.

If you'd like to quit smoking but can't make it to any of NHS Newham's events, you can get support to stop smoking through your local pharmacy, GP or through a weekly drop-in session. To find out more call **020 7059 6630**, freephone **0800 013 1673** or visit **www.elc.nhs.uk**

Up in smoke

Ever thought about how much money you waste on cigarettes? Here's what you could save if you quit.

Number of cigarettes a day	5	10	20	40
Daily cost	£1.62	£3.25	£6.50	£13.00
Weekly cost	£11.38	£22.75	£45.50	£91.00
Monthly cost	£49.29	£98.58	£197.17	£394.33
Yearly cost	£591.50	£1,183	£2,366	£4,732



Parking in Newham during the Games



If you own or use a car or other private vehicle, you will need to be aware of some changes to parking in the borough during the Games. We want to hear your concerns or questions.

The London Organising Committee of the Olympic Games (LOCOG) requires some changes to parking in Newham during the Games, and temporary parking restrictions will be in effect throughout the summer.

We want to protect residents and businesses from disruption caused by the changes wherever possible. From July to September, the council will be prioritising parking for residents, businesses and their visitors. People attending the Games will be expected to use public transport; those who park in the borough will face severe fines or have their vehicles towed. We will be putting parking restrictions in place across the whole borough to prevent visitors from parking here while they attend the Games.

We want to make everything as easy as possible for you in the run-up to and during the Games. We are currently working with LOCOG to finalise our full plans for Games time parking. If you would like to raise specific concerns, ask questions or register for parking news updates, get in touch with us using the details below.

Otherwise keep reading your Newham Mag – we will bring you full details in a future issue.

Blue badge holders

If you hold a valid Blue Badge in Newham, you will still be able to park in permit areas and for up to three hours on yellow lines, providing there are no waiting/loading restrictions. You will not need to take any further action.

Special and unforeseen events

We understand that you may still need to hold special and unforeseen events during the Games, such as a naming ceremony or funeral. Rest assured that you will be able to apply for parking for your guests. Full details will be made available in a future issue of the Newham Mag.

What you can do now:

Make sure your vehicle is registered with the Driver and Vehicle Licensing Agency (DVLA) to a Newham address. This will help you to park more easily during Games time.

Mayor Sir Robin Wales said: “We will make sure that our residents experience as little disruption as possible during the Games. While we are excited by the events this summer, we know that our residents will still need to carry on with their lives and we are working hard to make that as easy as possible. You can’t host the world’s biggest sporting event without a bit of change to the daily routine but, with your help, we will minimise the impact of the Games on residents and local businesses.”

For more information on Games-time parking please visit London2012.com

Keep reading *the Newham Mag* to learn more about Games-time plans which will be published as information is made available by LOCOG.

Send your questions or concerns or register for regular parking news updates by emailing 2012parking@newham.gov.uk or writing to Jackie Belton, Executive Director - Operations, 4th Flr West, Newham Dockside, 1000 Dockside Road, E16 2QU.

RENTED PROPERTY LICENSING CONSULTATION

The private rented sector in Newham accounts for around a third of all housing in Newham – and is growing fast. We want to ensure all our residents can access high quality housing, no matter what type of accommodation they live in.

From overcrowded and poorly converted homes to unsafe and dangerous properties, we are finding that a substantial number of homes in the private rented sector are of poor quality and badly managed. All these issues can lead to anti-social behaviour (ASB) and wider environmental problems, which affects all of us.

We are continuing our consultation on proposals to deliver a licensing scheme that covers all private rented properties in the borough. If our proposals go ahead Newham will be the first borough to introduce a scheme of this kind, and we are confident that it will drive up standards in private rented accommodation.

What we're proposing

Larger shared properties where a number of people live, also known as Houses in Multiple Occupation (HMO), are already subject to a national

mandatory licensing scheme. We want to introduce additional licensing, which includes smaller properties not covered by the national scheme, and selective licensing to cover all other properties.

What it costs

Following feedback from our initial consultation we have reviewed our fee structure. Landlords who make an early licence application would pay a reduced charge, while those who delay, or have been subject to enforcement action, would pay more.

Licence conditions

Every licence can include certain conditions. We're proposing these include:

> **occupancy conditions** – the landlord would be responsible for ensuring that the property does not become overcrowded

> **tenancy management conditions** – the landlord would be responsible for providing a written tenancy agreement which would include clauses relating to anti-social behaviour. Any deposit taken would be placed in a tenancy deposit scheme. Tenants would be required to provide references

> **property management conditions** – the landlord would be responsible for ensuring that property is safe and well maintained, including electrical appliances, gas safety and the fitting of smoke alarms.

Find out more about the rented property licensing consultation by visiting www.newham.gov.uk/propertylicensing where you can read our full proposal. You can also share your views by going to www.ors.org.uk/survey/newhamlicensing or by calling 01792 535300.

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NHS

East London and the City

Ready, steady, take the leap...

...and make a quit attempt with Newham's Stop Smoking Service.

Come and speak to a Stop Smoking Advisor in Stratford Shopping Centre on the 14th of March. We will be there from 9.00am to 5.30pm. You can also visit your local Newham Pharmacy or GP.

Telephone 020 7059 6630 or 0800 013 1673 for more information. We are also in the Shopping Centre every Saturday and Sunday until 25th March.

NHS East London and the City is a partnership of City and Hackney, Newham and Tower Hamlets Primary Care Trusts.

www.elc.nhs.uk

My promises to you

Every year, Sir Robin Wales publishes a set of promises – key priorities and initiatives that you tell him will make life better for you.



"During the past year I have talked with many residents about our vision of how Newham can become a stronger community. "We are about to embark on

a historical moment in the history of our borough. As the main host borough for the London 2012 Games, we have much to celebrate and look forward to, such as the employment opportunities this once in a lifetime event will bring.

"These are the things that you tell me matter to you and these are the things I will prioritise to make life better for us all."

"But this year isn't only about the Games. We're **tackling bad housing** head on, with our proposals for private property licensing, **helping residents to climb on the property ladder** and **supporting small businesses** to create jobs for local people.

"On top of this, I've frozen **Council Tax** for the fourth year running and continued my commitment to **free school meals** for all primary school children – initiatives that really make a difference to hard working residents.

"I am making these promises following conversations with you. These are the things that you tell me matter to you and these are the things I will prioritise to make life better for us all."

Mayor's Promise #1

As part of our commitment to keeping the **lowest Council Tax** in outer London, there will be no increase for the **fourth year in succession**.



Newham has the **cheapest Council Tax** of any outer London borough

Mayor's Promise #2

Each household will receive its **first parking permit for free** and we will also provide 30 free visitor permits per household for those without a car. We continue to have the **lowest resident parking costs in London**.

£30 saving for each household with a car in an Resident Parking Zone, every year



Mayor's Promise #3

We will continue to provide **free school meals** to all children within our 66 primary schools, worth £500 per child after tax.

Mayor's Promise #4

We will continue to offer our residents **free collection of up to six items of bulky waste**, such as fridges and sofas, at a time when many other boroughs are charging for this service.

£56 in Redbridge

£28 in Bexley

£19 minimum in Havering

FREE bulky waste collection in Newham



Mayor's Promise #5

We will continue to work hard to help residents **access jobs and training**:

- > 4,000 more people into sustainable work via Workplace
- > 1,500 people to access skills training courses.

11,384 residents we have helped into work since 2007

12,847 training courses undertaken since 2007

Mayor's Promise #6

We will fight hard to win a proper **2012 legacy for Newham's residents.**

We are working with the Olympic Park Legacy Company (OPLC) to ensure the earliest possible access to the Olympic Park and ensure local people benefit from the opportunities it will bring. Our commitment includes:

- > **2,000** Newham residents working at the Games – in addition to the 4,000 jobs via Workplace – and access to job opportunities in the Park after the Games are over
- > at least **50,000** Newham residents watching and participating in the Games. This includes volunteering, performing or attending test events
- > at least **50** inspirational Newham residents will receive a pair of tickets for some of the most sought-after Games events



- > offering priority nominations to social housing in the East Village for current or former armed forces personnel with a connection to Newham
- > ensuring our young residents have access to inspiring visits and learning opportunities in the park
- > working to ensure a sustainable multi-purpose future for the Olympic Stadium, with the community accessing national and international events held there.

Mayor's Promise #7

We will continue to **invest in our schools** to help our young people to have the best start in life.

Our primary schools have improved by 11 percentage points at Key Stage 2 in the last four years – and are now officially better at this level than schools in Redbridge. We have invested £1.5m in the **Mayor's Reading Guarantee** to ensure all young people read well.



Mayor's Promise #8

We will help every **Year 5 child to be a musician** by providing free tuition with the use of an instrument, with a free instrument to keep for each child who completes the full two years.

6,184

children have enjoyed free music tuition

Every Child A MUSICIAN

Mayor's Promise #9

We will help **every young person to be a sportsperson.**

Every Year 7 student will have the chance to take up a new sport – from trampolining



to rugby. Residents will be supported to be coaches and dance tutors by providing small grants to get their business off the ground.

Mayor's Promise #10

We will continue to provide **free swims for under 16s**. Whilst national Government has stopped the funding for free swims, we understand the importance of helping to provide younger residents with opportunities to be active which they may not otherwise be able to afford.

Mayor's Promise #11

When older or more vulnerable residents need our support **we will ensure that they are in charge of deciding what kind of support they need and how they receive it.**

We will continue to provide **free membership of sports clubs and free swimming for all residents over 60** in Newham's leisure centres.



Mayor's Promise #12

We will offer the **biggest local community-based Olympics and Paralympics activity programme in the history of the Games**, with Newham hosting fantastic free events for residents across the whole borough.

This includes:

- > The Mayor's Newham Show, 21 and 22 July
- > Two 25-metre live screens in East Ham's Central Park and Stratford Park for the duration of the Games
- > A programme of activities hosted in the parks over Games weekends
- > Four nights of music at Under the Stars, August Bank Holiday Weekend 23 to 26 August
- > Let's Get the Party Started – hundreds of resident inspired events

113,000
people attended our
boroughwide events last year

21,789
attended local community
events last year

Mayor's Promise #13

We will **continue to take robust action to tackle crime and anti-social behaviour (ASB)**. We have funded 66 police officers to work alongside council enforcement officers, to tackle ASB and criminal behaviour across the borough.

We will:

- > use enforcement powers to tackle rogue traders and illegal street trading
- > deal with intimidating groups and individuals
- > deal with eyesore front gardens that encourage fly-tipping and littering

- > use our licensing powers to ensure alcohol is only sold within permitted hours to help reduce alcohol-related crime and ASB
- > stop illegal dumping of waste on our streets and tackle people who litter, fly post or graffiti.

We will also be tough on individuals and businesses who don't take pride in our borough.

1,000
enforcement notices issued
to tackle rubbish in front
gardens since 2011

488
underage test purchases
were carried out between
April 2011 and January 2012

23
unhygienic food premises
closed since January 2011

Mayor's Promise #14

We are continuing to invest in our CCTV network including massive expansion of new wireless technology and mobile CCTV cameras.

Our mobile cameras are addressing local concerns quickly, enabling us to tackle crime and anti-social behaviour.

We have funded:
175
town centre cameras

28
wireless
CCTV
cameras



Mayor's Promise #15

We will tackle anti-social dog owners by:

- > extending the use of Dog Control Orders to cover the entire borough, to tackle nuisance dogs and promote responsible dog ownership
- > fining those who allow their dogs to foul in public places
- > taking targeted action within areas where nuisance from dogs affects the local community
- > taking action against dangerous dogs including the removal of animals, where necessary
- > encouraging responsible dog ownership.

£75
fine if your
dog fouls in a
public space



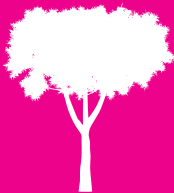
Mayor's Promise #16

We will continue to invest in the local services that are important to us, including our leisure centres, parks and community outdoor spaces.



Last year we completed the renovation of seven local parks and play areas. We are committed to investing in Atherton Leisure Centre and, in addition, we will be investing in Plashet Park and two new multi-use games areas across the borough.

Abbey Green, E15
Star Park, E16
Gooseley Park, E16
Plaistow Park, E13
New City Green, E13
Canning Town
Recreation Ground, E16
Keir Hardie Recreation Ground, E16
all benefited from improvements last year



Mayor's Promise #17

We will continue to invest in keeping our streets clean while ensuring tough action against those who fly-tip and litter in our community. **We will continue to help make our streets cleaner and smarter.**

Our streets are cleaner than they were five years ago. Last year we reorganised our street sweeper workforce, introduced fixed times when business can put out their waste and rebuilt several stretches of road.

49

new road and pavement cleaning machines have been added to our fleet



Mayor's Promise #18

We will continue to help reduce the amount of waste we produce – **which means less taxpayers' money spent on expensive landfill charges.**

Our new recycling bins have helped save more than £600,000 in landfill charges – money that can be better spent on improvements to services that are important to residents.

Recycling services for residents in flats and estates will be improved, making recycling even easier.



Mayor's Promise #19

We will continue to invest in our children's centres in order to help new families have the best start in life. This is despite the national government reduction to funding for Sure Start and other support for families.

The centres offer play and learning activities for children, nursery provision, support for families in parenting, health services and employment and training support for parents.

24

children's centres help families across the borough

A

B

C

Mayor's Promise #20

We will, subject to consultation, introduce a compulsory registration scheme to help improve private rented housing. This will recognise responsible landlords and tackle the minority who do not look after their properties.

Private rented accommodation makes up one third of our households. We want to be tough on the minority of rogue landlords who rent out sub-standard housing.



Mayor's Promise #21

We will establish a council-financed shared equity scheme to assist households unable to afford home ownership.

We want to reward aspiration and extend the housing ladder to **help people to buy a home in Newham**, so that they can have security and improve their own opportunities.

Mayor's Promise #22

We will deliver as many of our services via local small businesses as possible and create job opportunities for residents.

Newham has a thriving small business sector – we want to help local businesses to continue to grow and to benefit from the money the council spends on buying services for residents.

Find out more

To read the Mayor's Contract for 2012/13 in full, download a copy from www.newham.gov.uk/mayor Sir Robin holds regular surgeries where you can speak to him about the things that matter most to you. Turn to page 38 and see the Meet the Mayor listing or visit www.newham.gov.uk/mayor for more details.



Newham in pictures



1 Sea the sights of Stratford: brand new public art the Shoal. **2** This robin thinks the dose of spring sunshine is a real tweet. **3** Hot stuff: Director Danny Boyle meets the Youth Council. **4** Hands together for When Chaplin Met Gandhi, a play produced by Eastlea School pupils and funded as part of the Cultural Olympiad. **5** Recognition for the fallen: Central Park's cenotaph receives Grade 2 status.

Ship shape

Born into a family of dock workers, with a passion for social justice and a brain to match, it was inevitable that Lynne Steer would grow up to pioneer positive change to her community. Manager of a multi-talented, all-new staff team at Custom House's Shipman Youth Zone, her approach has seen young people from across the south of the borough flock to the centre.



Why did you go into youth work?

As a young person I was angry about the lack of opportunity and young people's voices not being heard. After I went to university in Newcastle, I did a lot of community work up North with people from a wide age range, producing large scale artwork. But I ended up gravitating towards young people.

My ultimate aim was to return to the community that I grew up in. I came back to Newham in 1988 and worked on a street project that was started by a group of local people in Canning Town, who got together to improve youth provision. The council took the project over and I worked there for 20 years until I moved to Shipman in July last year.

How did you start over with a new team?

We spent last summer going out, speaking to loads of young people, finding out the reasons why some weren't using the centre. We wanted to keep street work at the core of what we do; there are young people who aren't comfortable coming to the centre, so we go out to them. We take



sports equipment and information about our services into the parks.

Was it difficult attracting new people to the centre?

When we first came, there was just a very local group using the centre. So we took ourselves over to Canning Town and met the young people over there. Every Tuesday

we ran Transition Night, where we bussed people in from other areas. Eventually we had those kids coming on other nights, which they would never have done before. Now they know us and some of the other kids, they feel OK about coming here.

How did you get involved in Jamie Oliver's Ministry of Food (MOF)?

It was because of our restaurant night here on Tuesdays. The young people cook and serve food that's healthy, and cheaper than the chicken shop. The council's Hearty Lives team heard about it, so they put us in touch with MOF and we gave them the big sell. They got really excited and now they come every week with ten ovens and all their equipment. The kids are doing fantastic work which is giving them skills and confidence and leading to other things. Today we've even got Sky1 filming them.

Have you got any Olympic projects?

Some young people here have constituted themselves as a residents' group so they can fundraise and choose how the money's spent. It's teaching them budgeting, teamwork, writing grants applications – all kinds of skills. They've just made an application to Let's Get the Party Started for a mini-Olympics. We're going to try to get It's a Knockout inflatables and make it a big family event, and get a big screen so we can watch the opening ceremony here too and get them really excited by the Olympics.

What makes Shipman such a success story?

I think the success of the centre is down to identifying the strengths of staff and bringing their expertise in. Everyone here is so committed to young people. We have a big staff team. Supplementing our nine core staff with eight student volunteers means we are not just policing the young people but talking with them.

We also weren't afraid to try different and creative approaches and provide a service for lots of different young people. We're reaching out to all the local resources to put together something a little bit different, rather than thinking that one size fits all. That's us: we recognise that one size doesn't fit all, and we're open to new ideas.

Find out more about the borough's youth zones by visiting www.newham.gov.uk/youthzones

To apply for a Let's Get the Party Started grant visit www.newham.gov.uk/party

Got something to
shout about? Email your
ideas to [newham.mag
@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

YOUR SPACE

where young people take control

PASSIONATE ABOUT DEVELOPMENT

Joe Hook, 21, talks about his volunteer work for Global Xchange, bringing Newham and Nigeria together.

"Global Xchange (GX) is a programme for young people all over the world who have a passion for development. The programme, headed by Voluntary Service Overseas (VSO), joins 18 to 25 year-old volunteers from two countries together, and sends them to areas in those countries that need the type of development that VSO offers: responsive, people-based, grass roots development. The current crop has been selected from Nigeria and the UK, and is now spending three months in Newham, working in youth clubs, community centres and with the homeless.

"That's why the success of our programme depends just as much on the residents of Newham as on us, the GX team."

"In Cross River State in Nigeria we helped to spread awareness of the causes and prevention of HIV/AIDS, helped set up libraries in local schools and gave people skills and information to set up business ventures. It was pretty diverse work, and this is just a snapshot of all the projects we undertook (not always successfully).

"The philosophy of GX is that when there is positive change, and the community plays an active role in that, development becomes sustainable. That's why the success of our programme depends just as much on the residents of Newham as on us, the GX team.

"I really enjoy the independence we are given as volunteers. It helps us to develop personally and is an excellent way to run an exchange. It gives us a chance to really test ourselves. It helps us to this emphasis on personal development can be frustrating. Although I do love the programme, one negative is that on community development, rather than the volunteers themselves."

Get involved in Global Xchange. Apply online at
www.globalxchange.org.uk You will be asked to attend an
assessment day and fundraise to contribute towards
costs – the amount will depend on your household income.

Joe Hook



©Renata Ludvika



NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090

thenewhammag

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk



improve your health • raise your spirit

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Bryant Street Community Centre, Bryant Street, E15 4RU
New beginner's course starts Wednesday 14 March

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for the last 23 years

We have just moved to our new premises in
Manor Park

- Places available for children 6 months – 5 years
- 15 hours free for 3-4 year olds (NEG)
- Close to Manor Park Station

www.steppingstoneschildcare

[-eastlondon.co.uk](http://eastlondon.co.uk) / 0208 478 1539



Newham London

Women's sport and activity day

Saturday 10 March
12noon-5pm
Newham Leisure Centre,
Prince Regent Lane, Plaistow E13
Age: 16+

**A sport and activities day to inspire you to try something new
and also to celebrate International Women's Day.**

A fun day of sport and activity taster sessions to encourage anyone who lives, works or studies in the borough, to try something new or have a go at a sport or activity that they haven't tried for a while. All residents are welcome. Our leisure centres are open to everyone.

The creche will be open and will be free all day.

Participants will receive a free t-shirt and
refreshments will be provided.

For more information or to book a place contact
Lisa Brivati on 020 3373 0301 or email getactive@newham.gov.uk

Tube: Plaistow (District line)

Train: Prince Regent (Docklands Light Railway)

Buses: 473, 262, 147

Free

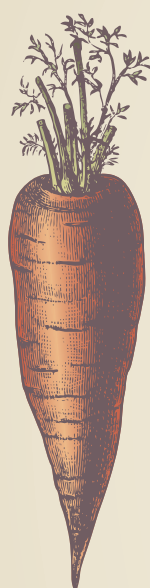


BE THE BEST IN SHOW

21 & 22 July 2012
Central Park, East Ham

Show off your Village Fete inspired skills and win great prizes at the Mayor's Newham Show 2012.

GARDENING CATEGORIES



carrot

- juiciest strawberry
- longest carrot
- reddest radish
- leafiest lettuce
- longest runner bean
- biggest courgette
- Newham's oddest looking vegetable (fruits accepted too!)



lettuce



radish

You don't need an allotment or garden - food including strawberries, lettuce and radishes all grow really well in window boxes.

CLASSIC COMPETITIONS



- best bunting - create 1m of handmade bunting
- jam & chutney - sweet or savoury
- cake decorating - show your creative side
- best tasting cake - show your sweet side

The entries will be judged by the Mayor of Newham on 21 & 22 July and winners will be presented with a rosette and great prize!



To register your interest please email competitions@newham.gov.uk
For more information visit www.newham.com/summer

Newham Events



You're hired

With high unemployment nationally, even work experience can be difficult to secure. But Mayor Sir Robin Wales has commissioned a new scheme which gives the long term unemployed a chance to get back into work, and get paid while trying to get there.

We're determined that the impact of the Games won't affect the quality of life for residents. That's why we're recruiting almost 200 new street cleansing operatives – 60 of which will be employed via the Mayor's Work Experience Programme.

Delivered by Workplace, the council's job service, in partnership with East London Business Alliance (ELBA), the programme gives residents a week of training and a paid work experience placement that could lead to fixed term employment.

Robert Commodore from Stratford is one of the first to benefit. The former caretaker was made redundant during the recession. He said: "For two and a half years I was looking for work, applying and not getting a response. When the JobCentre suggested I visit

Workplace I didn't expect much. But it was the best thing I did."

A training course prepares candidates for work by providing them with key skills and interview preparation. Robert said: "It was really good to meet people who were in a similar situation to me; it made me realise that I was not alone."

After passing the course, Robert was offered three months' work experience with the council's cleansing team and paid the national minimum wage. After a glowing start and a successful interview, he has an eight month fixed term contract. After finishing three months paid work experience, he received a backdated payment which increased his wages in line with the normal salary for this role. All participants who complete the scheme receive this payment

whether they continue their employment with the council or not. Robert is also receiving ongoing training.

Mayor Sir Robin Wales said: "The longer you've been out of work, the tougher it is to find a job. The work experience programme helps unemployed residents by giving them training and a paid placement which could lead to work. Most importantly they get new skills, confidence and something that updates their CV to give them a better chance of securing future employment."

Let us sweep you off your feet
If you're looking for work go to
your local Workplace in Stratford,
Canning Town or East Ham. Visit
www.workplace.co.uk to find out
more or call 020 3373 1101.



Take your talent to the stage

Newham hosting the Olympic and Paralympic Games is a once in a lifetime opportunity, and one we want residents to remember for years to come. To mark this momentous occasion we're giving people the chance to showcase the wealth of talent we have in our borough by inviting them to step into the spotlight at one of our events.



Throughout the 2012 Games we will be operating two live screen sites, located in East Ham's Central Park and Stratford Park. Both sites will be screening live action from the Games and there will also be a main stage where Newham's finest will entertain the gathered masses.

From singers and dancers to comedians and choirs, if you have the ability to entertain we want you to be involved in this summer's special events programme. Age is no barrier – every talented resident is welcome to step forward and show what they're made of.

Sign up now

To register your interest in performing at any of the events below email 2012.party@newham.gov.uk with as much information from the following list as possible. The deadline to register is **Sunday 1 April**.

Registration checklist

- ✓ **Description and size of act**
- ✓ **A short biography of achievements**
- ✓ **Your website address (if you have one)**
- ✓ **Samples of previous performances (preferably web links such as YouTube)**
- ✓ **Repertoire or set list**
- ✓ **Which venue you would prefer to perform at – Central Park or Stratford Park**
- ✓ **Which dates you would like to perform (in preference order)**
- ✓ **Any special requirements**

If you've got any questions email 2012.party@newham.gov.uk or call Stephanie Young on **020 3373 0304**.

Key dates

21-22 July Mayor's Newham Show, Central Park

27-29 July Community Live Sites – Olympic Games Big Screen, Opening Ceremony Weekend

4-5 August Community Live Sites – Olympic Games Big Screen

11-12 August Community Live Sites – Olympic Games Big Screen, Closing Ceremony Weekend

1-2 September Community Live Sites – Paralympic Games Big Screen

8-9 September Community Live Sites – Paralympic Games Big Screen, Closing Ceremony Weekend



Tea Dances

Put on your dancing shoes and come along to our tea dance programme to get active and have fun

Monday 12 March 2012

Time: 1.30 – 4.30pm

Venue: Old Town Hall Stratford

Cost: £2 per person (including free raffle)

Places are limited, so book early.

For more information please call leisure services on 020 3373 7511.



Newham London

Once in a lifetime opportunity to work on the 2012 Olympic and Paralympic Games

workplace
Creating a better future

Recruitment for 1000s of games-time jobs is happening between now and February 2012 to ensure that the 2012 Olympic and Paralympic Games are the best the world has ever seen. Act now to apply for jobs in the following areas:

- > Retail
- > Catering
- > Cleaning
- > Security
- > Stewarding
- > Administrative

The majority of the roles are short term (2 - 9 weeks) but there are some longer-term positions available to start immediately. Whether you are a student, parent or looking to enhance your CV, this is a unique opportunity to be a part of the greatest show on earth!

Workplace is co-ordinating games-time applications from all Newham Residents. You can call into your nearest office or register on the link below and a member of our dedicated games-time team will be in touch:

www.newhamworkplace.co.uk/2012Jobs.htm

Stratford
Boardman House,
64 Broadway,
Stratford,
London E15 1NT

Canning Town
The Place,
2 Silvertown Way,
Canning Town,
London E16 1EA

East Ham
Opposite Newham Town Hall,
High Street South,
East Ham,
London E6 6ER

brought to you by

Newham London
Partnership

Free family support

Newham charity Community Links is providing a FREE service for families, offering support such as:

- support with childcare, with your own family advisor
- health and wellbeing support, so you can manage your health conditions and find the right job
- finding a job, work experience or training opportunities to help you gain new skills and qualifications
- help to resolve a range of housing issues
- debt advice and assistance to help you manage your money and much more.

If you think you'd benefit from this programme or if you want to find out more email c.ferguson@etl.community-links.org or p.mcdermott@etl.community-links.org or call 020 8548 2333.



Plant for Life

Get stuck in the mud at a FREE social event with your friends and family at Plant for Life. The community event welcomes all residents of any age to enjoy a free day of fun. There is loads to choose from including tree dressing, arts and crafts, tree planting and land art creations. If you'd like to come just turn up on the day - you can meet people and get involved in your local community. **Come along or bring a friend to Keir Hardie Recreation Ground, Saturday 3 March, 12noon-4pm.** For more information call 020 3373 7511 or email parks@newham.gov.uk

Sewing a way to success

Former Newham College student Emma Martin (24) beat hundreds of competitors to win the UK's best young tailor.

Emma made an appearance on the BBC's Young Tailor of the Year where she and three other finalists carried out design tasks judged by renowned tailors Richard Anderson and Mark Powell.

Emma has completed two years of study in bespoke tailoring at Newham College and became an apprentice at Dege & Skinner in Savile Row. She plans to complete her apprenticeship as a coat maker later this year after two years training with Stefano Tormambe and Dege & Skinner's Head Cutter, Peter Ward. Find out more by visiting www.newham.ac.uk



Charity for deaf and blind people launches in Newham

Deafblind UK is hosting a free event for deaf and blind people on Tuesday 6 March, from 11am to 2.30pm at St John's Church, Broadway, E15.

The charity aims to support those with combined sight and hearing loss to help them lead independent lives.

At the event, visitors will be treated to a variety of presentations and equipment demonstrations. There will also be a range of information stands with details of organisations that support deaf and blind people.

With recent funding from the Big Lottery Fund, Deafblind UK is developing a project called Community In Touch England and needs volunteers to show their support. If you'd like to volunteer, come along to the event to find out how you can make a difference to someone's life.

For more information call Tania on 07920 802 673 or email tania.dee@deafblind.org.uk

Docklands Community Boat events for spring 2012

Local community groups have been invited to host events and activities on the Docklands Community Boat for residents to come along to.

All the activities are aimed to increase the community's use of the River Princess as the warmer weather approaches.

Docklands Community Boat's monthly table top sale will be taking place on the first Saturday of each month. You can book a table in advance for £5. No entry fee applies.

Along with this, you can enjoy a £3 monthly film night with family and friends. Or if you'd rather get physical come along to a Qi Gong class on Tuesdays 8, 15, 22 and 29 March.

If you'd like to attend any of the above events or would like to find out more, call Simon on 07946 387 549 or email simon.myers@gasworksdock.org.uk



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Yatisha Patel, 8



Brshna Jaghtowal, 4



Raksha Rajan, 9



Daisy Gabriel

Colour-me-in Wordfit



C	H	I	M	P					

3 letters

ADD
AGE
EAT
EMU
LAW
PEW
SIT
TAX
WIN
YEN

4 letters

AREA
CUTE
DATE
GALA
GENE
LUTE
OSLO
OXEN
RAGE
STAY
STEW
THEN
TRIO

Poem

If I were a popstar

If I were a popstar
I'd spike my hair like a prickly
porcupine's back,
I'd wear a dark leather jacket,
And it will be pitch black.

If I were a popstar
I'd be a singing dancing robot
I'd take the mic, beat the drum
And play music for the whole lot.

If I were a popstar
I'd gather up my gang
We will make the beat,
steal the crowd
And with the roaring,
there will be a loud bang.

If I were a popstar
I'd make the crowd sick
They will see explosions,
smell the fire
And hear thunderous music.

If I were a popstar
Just, if I was
I'd be the best singing, dancing,
spiky haired robot popstar
In a band ever
It's now or never.

Kai Stephen, 9



WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

2 – 16 MARCH

TRY SOMETHING NEW... STRATFORD SINGING SENSATIONS

Are you aged 16 or over? Do you enjoy singing into your hairbrush? Then step out of the shower and into the limelight, by joining Stratford East Singers.

Theatre Royal Stratford East brings local talent to the stage with Stratford East Singers.

Almost 100 people have joined or taken part in Stratford East Singers. The group has grown immensely in the last three months, performing in some of the biggest cultural events around.

They have an overwhelming amount of talent and enthusiasm and are open to all voices and abilities, regardless of age or experience.

So if you're interested, why not get involved?

If you would like to take part or want to find out more about Stratford East Singers call Shawab Iqbal on **020 8279 1157** or email siqbal@stratfordeast.com To see more visit http://www.stratfordeast.com/whats_on/stratfordeastsingers



ALL LIBRARY LISTINGS

See Library Contacts (next page) for venue details.

UNDER FIVES GROUPS

All open to under fives with their parents/carers.

Storytelling

Canning Town

Mon, 10.30-11.30am

Custom House

Tues, 10.15-11.15am

East Ham

Wed, 2-3pm

The Gate

Fri, 11am-12noon

Green Street

Thurs, 10.30-11.30am

Manor Park

Thurs, 10.30-11.30am

North Woolwich

Thurs, 2-3pm

Plaistow

Tues, 11am-12noon

Crafts Club

Manor Park

Tues, 10.30-11.30am

Toy Library

East Ham Tues, 10am-

12noon and Thurs, 10am-

12noon

Imaginative Play

East Ham Fri, 10.30-11.30am

ADULT READING

Adult Reading Groups

The Gate Tues 6 Mar,
6.30-7.30pm

OTHER EVENTS

Click-On Computer sessions for over 50s, contact the library to book a place

East Ham Fri, 10am-12noon

and 2-4pm

Plaistow Fri, 10am-12noon

and 2-4pm

The sessions finish on 9 Mar and re-start on 30 March

ICT Surgeries

The Gate Thurs, 10am-12noon

Knit & Natter – craft group for men and women of all ages and abilities

Canning Town

Fri, 10am-12noon

YOUNG PEOPLE

Homework Club – All young people aged seven to 14 can get free study support at their local library on the days and times below. School term only.

Canning Town Thurs, 4-6pm

Custom House Thurs, 4-6pm

East Ham Mon, 4-6pm

The Gate Tues, 4-6pm

Green Street Tues, 4-6pm

Manor Park Thurs, 4-6pm

North Woolwich

Mon, 3.30-5.30pm

Plaistow Thurs, 4-6pm

Games Clubs

– Sony PS3 or Xbox 360 and Nintendo Wii games, board games and many more free activities for eight to 13-year-olds.

Canning Town

Mon, 3.30-5.30pm

Custom House

Tues, 3.30-5.30pm

East Ham Tues, 3.30-5.30pm

Manor Park Mon, 3.30-5.30pm

Teen Xtra Evenings – free activities for ages 12-21.

The Gate Thurs, 6-8pm

LIBRARY CONTACTS

Custom House Prince
Regent Lane, E16 3JJ.

020 3373 0855

East Ham High Street South,
E6 6EL. 020 3373 0827

The Gate 4-20 Woodgrange
Road, Forest Gate, E7 0QH.
020 3373 0856

Green Street 337-341
Green Street, E13 9AR.
020 3373 0857

Manor Park Romford Road,
E12 5JY. 020 3373 0858

North Woolwich 5 Pier Parade,
E16 2LJ. 020 3373 0843

Plaistow North Street,
E13 9HL. 020 3373 0859

Archives and Local Studies
(limited postal and email service
only) Phone: 020 3373 6881
Email: archiveslocalstudies@
newham.gov.uk

**Community Outreach
Services** For more info call
020 3373 0813

SPORTS PROGRAMME

Basketball

Youngbloods Basketball

- U12s, mixed

Sat, 1-3pm, East Ham Leisure
Centre, E6

- U13/14s, boys

Mon, 6-8pm, St Angela's
School, E7

Tues, 5.30-7.30pm Newham
Leisure Centre, E13

- U14s, girls

Mon, 4.30-6pm, St Angela's
School, E7

Tues, 5.30-7.30pm, Newham
Leisure Centre, E13

- U15/16s, boys

Tues, 6-8pm, East Ham Leisure
Centre, E6

Fri, 6-8pm,

St Angela's School, E7

- U17/18s boys

Tues, 8-9.45pm, East Ham
Leisure Centre, E6

Thurs, 7-9pm, St Bonaventure's
School, E7

Fri, 6-8pm,

St Angela's School, E7

Each session costs £1. Call
Caroline on 07958 307 657 for
more info

Football (free)

Mayor's football League

U12s/U14s, Mon, 4-6pm

Newham Leisure Centre, Prince
Regent Lane, E13

4v4 Football

8-19s, Wed, 5-7pm

Stratford Park MUGA, West
Ham Lane, E15

5v5 Football

8-19s, Fri, 5-7pm

Royal Victoria Garden, Pier
Road, E16

4v4 Football

8-19s, Fri, 5.30-7pm

Snowhill MUGA, High Street
North, E12

5-a-side Tournaments

(First Sat of the month)

U12s/U14s/U16s, Sat,

10am-1pm

Plashtet Park, Plashtet Grove, E7

8-19s, Wed, 7.30-9pm.

Winsor community MUGA,
Manor Way, E6

For more info call Abul on
020 3373 4119 or getactive@
newham.gov.uk

WHU Kickz (free)

Mon, U14s, 4-5.30pm

- 15+, 5.30-7pm

West Ham United Community
Astro Turf (Beckton), E6

- 11-18s, 5-8pm

Forest Gate Youth Centre, E7

Tues, U14s, 4-5.30pm

- 15+, 5.30-7pm

West Ham United Community
Astro Turf (Beckton), E6

- 11-18s, 6-9pm

Priory Park MUGA, E6

Wed, 11-18s, 5-8pm

Priory Park MUGA, E6

Thurs, 11-18s, 4-7pm

Priory Park MUGA, E6

Fri, U14s, 4-5.30pm

- Girls 11+, 5.30-7pm

West Ham United Community
Astro Turf (Beckton), E6

- 11-18s, 5-8pm

Forest Gate Youth Centre, E7

Air Football 16+

Tues, 1-3pm,

Stratford Park, E15

Fri, 3-5pm, Beckton

Powerleague, E6. For more info
visit www.airfootball.co.uk

Ascension Football Academy

School yrs R-3, 9.30-10.30am

School yrs 4-7, 10.45-11.45am

School yrs 8-11, 12noon-1.30pm

All sessions £2.50

King George V Park, E16

For info call Beryl on 020 7511
1232

Basketball

Newham All Star Sports

Academy (NASSA)

Junior Programme

8-11yrs boys/girls

Cumberland School,

Oban Close, E13

Fri, 4.15pm-5.30pm

U13/14s, Thurs, 4.30-6.30pm

and Sat, 10am-12.30pm

U15s, Thurs, 5.30pm-7.30pm,

Newham Leisure Centre, 281

Prince Regent Lane, E13

U16/18s, Mon, 5.30-7.30pm

Rokeby School, Canning Town
E16 4DD

National League

Mon, 6-8pm, U13/14s,



Handball

Rokeby School, Barking Road,
E16

Tues, 6-8pm, U15/16s

Rokeby School, Barking Road,
E16

Thurs, 4.30-6pm,

U13/14s boys, U14s girls,

Newham Leisure Centre,

Prince Regent Lane, E13

6-8pm, U16s, Newham

Leisure Centre, Prince Regent
Lane, E13

6-8pm, U18s, Cumberland

School, Oban Close, E13

Gifted and Talented

Fri, 4.15-5.30pm

Cumberland School, Oban
Close, E13

Basketball Session

Sat, 10am-12noon

Newham Leisure Centre,

Prince Regent Lane, E13

Senior Men/Women

Programme

Mon, 7.30-9.30pm

Division 2 Women and Division

3/4 Men. Rokeby School,

Canning Town, E16

For more info call NASSA on
07947401616

Handball (free)

10-16s, Tues, 3-4.30pm

16+, Fri, 6-8pm

Newham Leisure Centre,

Prince Regent Lane, E13

For more info email aranka.

bekker@newham.gov.uk

Multi sports (free)

Wed, 1-3pm and 5-7pm, 16+

Stratford MUGA, West Ham

Lane, E15



ICT Surgery



Hockey

For more info email carl.
barton@newham.gov.uk

For more info call Linda on
07956 618 898 or visit www.newhamswords.co.uk

Table Tennis

For beginners and intermediate players
Thurs, 6.30-9pm (from 8 Mar)
Stratford School, Upton Lane, E15 (Doris Road entrance)
For more info call Ginny on 07976 577716 or John on 07828 866031 or email ginny.harris10@btinternet.com

Hockey

(Plasht Hockey Club)
Mon, 3-5pm, 8-14s
Kingsford Astro, Kingsford Way, E6 (by Asda car park)
For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

Rugby

Tues, 4-6pm, 10-16s
Memorial Park, Memorial Avenue, E15. For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

Volleyball

Mon, 3.30-5pm, 11-18s
Royal Docks School, Prince Regent Lane, E16. For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

Newham Swords (4+)

Tues, 6.30-9pm
Thurs, 6.30-9pm
Fri, 7.30-10pm
The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13.

Dare 2 Dance

Free street dance classes for girls, 14-24s
Fri, 3.30-5.30pm (3.30-4.30pm Open Technique Class, 4.30-5.30pm Choreography Class)
Newham Leisure Centre (New Indoor Multi Sports Centre), Prince Regent Lane, E13
For more info call Nicole on 07970 783 526 or email nicole.napier@newham.gov.uk

Newham Striders

Free, sociable walking group that go striding in the local area seven days a week. Visit www.newham.gov.uk, email paula.peaty@newham.gov.uk or call 020 8430 2000 for more info

Newham Shoujin Karate Sessions for beginners:

Wed, 4.30-5.30pm, 4-15, term time
Thurs, 6-8pm, 16+
Fri, 6-7pm, 4-15 and 7-8pm, 16+
Sun, 10-11am, 4-16+
Newham Leisure Centre, Prince Regent Lane, E13. For more info call 07508 070 638 or visit shoujin.co.uk

WCKD Karate & Self Defence Institute

Teaching Freestyle Karate and self defence
All levels including beginners



Table Tennis

Fri, 5.30-7pm, 8-19s
Snowhill MUGA, High Street North, E12. For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

Athletics

Sun, 10.30am-12.30pm, 10-19s
Newham Leisure Centre, Prince Regent Lane, E13
For more info email coral.nourrice@newham.gov.uk
- Newham and Essex Beagles Athletics Club, Mon and Wed, 6.30-9pm, 10+
Sun, 10am-1pm. Call 020 7511 4477 or email jacqueline.ramsden1@btinternet.com

Cricket

Mon, 3.30-5pm, 8-18s
Cumberland School, Oban Close, E13
League/tournaments (11 Jan onwards)
Wed, 6-8pm, 8-18s
Lister Community School, St Mary's Road, E13
For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

Boxing

West Ham ABC - community boxing, 11-19s
Free Olympic style amateur boxing sessions.
Hathaway Community Centre
Hathaway Crescent, E12
Wed, 7pm
Email carl.barton@newham.gov.uk or call 020 8430 2000 for more info

West Ham Boys ABC 9+, boys and girls
Mon, Wed, Fri, 5-6pm
The Black Lion, 59-61 High Street, E13. Call Lianne on 020 8472 3614

- Peacock ABC 8+, Mon, Wed, 6-8pm boys and girls
Caxton Street North, E16
Call Martin on 020 7511 3799
- Newham Boys ABC 6+, boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House
141 Church Street, E15
Call Ravinder/Joe 020 8519 5983
- Fight For Peace 11+, boys and girls
Woodman Street, North Woolwich, E16
Call Marigold on 020 7474 0054

Non-contact boxing

Wed, 7-8pm, 11-19s
Hathaway Community Centre, Hathaway Crescent, E12
For more info email carl.barton@newham.gov.uk

Hop, skip and punch (16+)

Free fitness classes
Mon, 5-6pm, Field Community Centre, Field Road, E7
Wed, 5-6pm, Beckton Community Centre, 14 Manor Way, E6
Fri, 5-6pm, Katherine Road Community Centre, Katherine Road, E7

Children, 5-9 yrs, £3.50 Mons and Weds, 5-6pm and Sat, 11am-12noon
 Juniors, 10-15 yrs, £5 Mons and Weds 6-7pm and Sat, 12noon-1pm
 Maryland Studioz, 84-86 Leytonstone Road, Maryland, Stratford, E15. For more info call 07535 928297 or email wuchikwondo@gmail.com

Ramgarhia Badminton Club Adults (Advanced)

Tues, 7-9.30pm
 Little Ilford School, Church Road, Manor Park, E12

Juniors

Fri, 6-7.30pm

Adults (Beginners/Intermediate)

Fri, 7.30-9.30pm
 Langdon School, Sussex Road, East Ham, E6.
 For more info and prices call Kilvir on 07803 834 037 or email ramgarhia.bc@gmail.com

East End Road Runners

Free coached sessions for all abilities
 Tues and Thurs, 7pm
 Sun, 9am, meet on the track, Newham Leisure centre, Prince Regent Lane, E13
 For more info call Bisi 0797 926 1647.

Wanstead Flats Parkrun

Free timed 5K run
 Sat, 9am
 Harrow Road Changing Pavilion, Wanstead Flats Playing Fields, E11.
 For more info or to register visit www.parkrun.org.uk/wanstead-flats

Cycling – sessions and guidance

Wed, 11am, 12.15pm and 1.30pm.
 Fri, 12.15-2.15pm.
 Free, all equipment provided
 F13 Waterfront Studios, 1 Dock Road, E16. For more info call

020 7055 0808 or visit www.careinmind.org.uk

Zumba classes (16+)

Thurs, 7.30- 8.30pm, St Nicholas Church Hall, Gladding Road, E12, £5 per class. For more info call 07720 805 505

Skiptrix Circuit classes

Skiptrix Kids Fun and Games, 8-12, Thurs, 5-6pm, £3 per session
 Skiptrix Circuit Adults, 16+, Thurs, 6.30-7.30pm, £5 per session. The Hub, Star Lane, E16
 For more info call Neusa on 07904 625 402

Newham Swimming Club

Competitive swimming for all ages (fees apply).
 To try out for the team call Richard 07915 270 702 or visit www.newhamswimmingclub.org.uk

Twisted Pink

7-12 yrs, £2.50
 Singing: Tues, 5.30-6.30pm
 Drama: Thurs, 5.30-6.30pm
 Street Dance: Fri, 6-7pm
 13 yrs+, £3
 Street Dance: Fri, 7-8pm
 Maryland Studioz, 84-86 Leytonstone High Road, E15
 For more info call Jacqueline on 07534 513 307 or email twistedpink26@aol.com

FEMALE ONLY ACTIVITIES

Women United FC (11+)

Mon (term time only)
 6-7.15pm, Kingsford School, Kingsford Way, E6. For more info call Shona on 07968 665 849

Girls spinning sessions

11-16, Mon and Wed, 4-4.30pm. Newham Leisure Centre, Prince Regent Lane, E13
 For more info call 020 7511 4477

Women's gym sessions

Free, 11-16, Tues and Thurs, 3.30-5pm. Newham Leisure Centre, Prince Regent Lane, E13

Call 020 7511 4477 for info

Female box-fit classes (16+)

Mons, 4.15-5.15pm, Balaam Leisure Centre, Balaam Street E13. Call Carl on 020 3373 6034 for info

Girls Football

Mon, 6-7.30pm
 U12/14s football tournaments
 Kingsford Astro (entrance by Asda car park) Beckton, E6
 For more info call 020 8556 5973.

Female Multi-Sports

Ultimate Frisbee, Cardio Tennis, Handball, Dodgeball, Rounders, Netball, Football and more. 10-16s, 4.30-6.30pm, Tues, 4.30-6.30pm
 Newham Leisure Centre, Prince Regent Lane, E13.
 Fri, 4.15-5.15pm, Little Ilford Youth Zone, Rectory Road, E12.
 For more info call Farrakh 020 8556 5973 or email Farrakh.Khan@locsp.org

Sheila's Yummy

Mummy Buggy (16+)

Mon, 10-11.30am
 Central Park, East Ham, E6 (meet outside cafe in the park)
 Fri, 10-11.30am, Plashet Park, Plashet Grove, East Ham, E6.
 £2 per session
 For more info call Sheila on 07908 614 958 or email spoleon@aol.com

Get back into Netball

OPA Netball Club sessions.
 Tues, juniors, 6-7pm, seniors, 8-9.30pm. £2 per session. Lister Community School, St Mary's Road, Plaistow, E13. For more info call Lesley on 07717 281 529 or email opanetballclub@hotmail.com

Unity Zumba

Classes are £5 each adults, children £3. Minimum age 7yrs.

Mon, 8-9pm

Hartley Centre, 267 Barking Road, East Ham, E6 1LB

Wed, 8-9pm

Hartley Centre, 267 Barking Road, East Ham, E6 1LB

Thurs, 7.15-8.15am Old Town Hall, Stratford, E15



Multi-Activities

Sun, 6.30-7.30pm

The Well Centre, 49 Vicarage Lane, East Ham, E6. For more info call UnityZumba on 07886 884 573

Zumba Fitness (16+)

Ditch the workout, join the party.

Mon, 6.30-7.30pm

Plaistow Park Community Centre, E13

Wed, 5.30-6.30pm

Old Town Hall, Stratford, E15

Thurs, 6.30-7.30pm

Plaistow Park Community Centre, E13

For more info call Pam 07916 327 541 or visit www.salsapam.com

Zumba classes

Tues, 8-9pm,

£4 per hour, The Swift Centre, 387 Barking Road, E13

Thurs (from 23 Feb)

7.30-8.30pm, £4 per hour
 The Hub, 123 Star Lane, E16
 For more info call Annabel on 07500 898 665

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Free Flying Wheels club for young wheelchair users 6-22.

Wed and Fri evenings, 6-8pm.
 Rokeby School, Barking Road E16. For more info call Eda on 07888 085 259

Mon, 4-5.30pm, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16
 U19s, Fri, 5-7pm and Sat, 2-4pm, Newham Leisure



Older people's groups

Centre, E13.
People with Disabilities Club,
Tues, 10.30am-12.30pm,
Newham Leisure Centre, E13.
For more info call 020 7511
4477
Fri, 4.30-6pm. NewVic, Prince
Regent Lane, E13. For more
info call 07811 671 082

Ability Club

11-25, Fri, 4.15-6.15pm
Newham Sixth Form College,
Prince Regent Lane, E13
For more info call Paul on
07811 671 082

Wheelchair Basketball

11-19, Wed, 4-5pm
Rokeby School, Barking Road,
E16. For more info call NASSA
on 07947 401 616

Free Family swims for disabled children and adults

Newham Otters Swimming
Club, Sat, Newham Leisure
Centre E13, 4.30-5.30pm
For more info call Sandie 07931
788 739
Family Swim, Sun, 12.30-2pm,
Balaam Leisure Centre, E13,
For more info call 020 7476 5274

Get fit for free

Free use of the gym for one
year for people with learning
disabilities at Newham Leisure
Centre, Tues, 1.30-3.30pm and
Fri, 10am-12noon. To book an
induction call on 020 7511 4477

B1 Football Club

Third Sun of every month,

10am-12noon, East Ham
Leisure Centre, E6

For all of the following sessions
call Zahra at GLL on 020 7511
4477.

Free Trampoline sessions

U19s, Fri, 5-7pm and Sat,
12noon-2pm, Newham Leisure
Centre, E13

Free soft play and exercise to music

Sat, 12.30-2.30pm, Newham
Leisure Centre, E13

Mixed swimming session for adults and children

Wed, 10am-12noon, East Ham
Leisure Centre, E6, £1.15 a
session

Free swim for families dealing with autism

Wed, 4-5pm, Balaam Leisure
Centre, E13.

OTHER

Older people's Reference Group

Actively concerned for the
welfare and health of the
borough's elderly.
Meets second Thurs of each
month, 12.45-2.45pm
East Ham Care Centre
(Resource Lab (Ground Floor),
Shrewsbury Road, E7
For more info call 020
8821 0862 or visit opr@ageuknewham.org.uk

East and West Ham Pensioners' Association

Campaigning group in
defence of pensioners. All
pensioners welcome. Meets
on the first Thurs of every
month. 2-4pm, East Ham
Town Hall, E6.

COMMITTEE MEETINGS

All meetings take place at
Newham Town Hall, Barking
Road, E6, unless specified

Tues 6 Mar

Newham Partnership -
Employment and Enterprise
Partnership Action Board,
3pm, Committee Room 2
Regeneration and
Employment Scrutiny
Commission, 7pm,
Committee Room 2

Wed 7 Mar

Licensing (2003 Act) Sub-
Committee, 4pm, Council
Chamber
Licensing (2003 Act)
Committee, 6pm, Council
Chamber

Thurs 8 Mar

Newham Community and
Police Forum, St Paul's
Church Stratford, Maryland
Road, E15, 7pm

Tues 13 Mar

Children and Young People
Scrutiny Commission, 7pm,
Committee Room 1

Wed 14 Mar

Licensing (2003 Act) Sub-
Committee, 12pm, Council
Chamber

Thurs 15 Mar

Cabinet. Council Chamber,
5pm
Mayoral Proceedings 5.15pm,
Council Chamber

MEET THE MAYOR

Meet Sir Robin Mon 12 Mar

USEFUL NUMBERS

020 8430 2000

Hundreds of services,
just one number – for all
council enquiries

For questions about
councillor surgeries or to
find out which ward you live
in, call 020 8430 2000 or
visit www.newham.gov.uk/yourcouncillor

Write to the Mayor at
Newham Town Hall,
Barking Road, London,
E6 2RP or email
mayor@newham.gov.uk

For information about
Community Forums
freephone 0800 519 4015 or
email community.forums@newham.gov.uk

For information about the
2012 Games and how it will
affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social
behaviour – anything that
causes your local area to
look unsightly or makes
other residents' lives
unpleasant – call Newham's
24-hour hotline on
0800 731 3300

To speak to the Newham
Mag team, call 020 8430
2000 or email newham.mag@newham.gov.uk

9.30-10.30am, The Place, 2
Silvertown Way, E16

Speak to Sir Robin Wales Wed 14 Mar

call 020 8430 2000 between
9.30am and 10.30am and speak
directly to the Mayor

Please arrive promptly at the
start of each surgery.

DANCING IN A STREET NEAR YOU

Newham London

Are you age 5-16 year old?

Do you love to dance?

Or would you like to learn?



Starting 1 March

Dance taster sessions will be coming to a community centre near you. From ballet to break dance, there is something for everyone.

The dance classes in a range of styles will be available for a 12-week period at a discounted price of £1 per class. At this low price why not give it a try?

For further information visit www.newham.gov.uk/whatson to see what classes are available near you.

Please note: after 12 weeks, the cost will revert to the original price.





Let's get the party started with a street party!

If you are interested in holding a street party to celebrate St. George's Day or the Queen's Diamond Jubilee, we can help you with road closures, volunteers, how to apply for a grant and more.

To find out how to organise your street party visit:
www.newham.gov.uk/party